

**Research Title:**

The effect of school competitions in stimulating students and raising their performances.

**Students' Names:**

1. Tala Mohammed Abu Taha.
2. Leen Marwan Thneebat

**Grade: 7**

**Supervisor's Name:**

Hanan Al Mousa

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## **Dedication**

To:

My respectable Principal Ms. Zainab Abdullah and Teachers .....

Who helped us to achieve this research ....

My parents who have always encouraged us .....

My classmates who have supported us ...



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## Introduction

It is considered that school activities, especially making competitions, are one of the modern methods of education .That is because they have important educational outcomes which are linked to the student's success in her future life.

And also have a positive impact on building the personality of the student and increase her self –confidence. Moreover, internal and external school competitions have positive effects that are reflected in the student's motivation to learn more and more .Therefore, they are an important means of development for creativity and free thinking.

So education and competitions are two universal ingredients of all human cultures. Humans have always considered education and competitions important issues, both in the past and in the present. <sup>(1)</sup>

In this research, we investigate the role of competitions and their effects in stimulating the students to raise their performances.

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<sup>(1)</sup> <http://olympiads.win.tue.nl/loi/loi97/ffutwrlld/competit.html>



## **Reasons Of Choosing The Topic**

We live in an era of thought, science, creativity and continuous development .In addition, it is characterized by rapid development in various fields.

So educational activity ,including school competition , is one of the components of education .It makes the school environment an integrated society where students are taught the spirit of the community and train them for leadership ,consultation and cooperation .In addition, it treats some of the things that a student suffers from such as shyness , isolation and introversion .

So if we realize the value of competitions and activities, we will put our students on the road to creativity.

Hence, this research came to emphasize the importance of school competitions in developing the students 'performances.

## **Importance Of The Research**

As we have said , there is a tremendous development in all the fields of our life, there is also a clear evolution in modern teaching methods and strategies ,including school competitions , which aims to combat the boredom that affects the students as a result of traditional study .

Thus, it will lead to a higher student's performance and greater learning. As a result, it will increase the achievement and motivation for the students to participate in these competitions and activities.

Hence, the idea of the research is to encourage the school teachers to do many competitions because of their positive effects on the students.



## **Research Objectives**

1. To focus on the importance of the development in the school activities taking into account of the students' ages.
2. To encourage the teachers to hold a series of competitions that is suitable for students' academic grades.
3. To develop the spirit of motivation among the students by establishing the spirit of positive competition.
4. To expand making competitions and activities will lead to access to a high level of education.
5. To develop students' personality and to be away from shyness and introversion.

## **Research Question**

What is the effect of school competitions in stimulating the students and raising their performance?

## **Research Problem**

It is noticed that many teachers neglect the positive role of competitions in building the student's personality as well as giving him/her confidence to stand in front of the audience to perform their best.



## Information

Activities and competitions are modern strategies in education because they have an active role in the applied life aspects of the students .So school activity is defined by the Department of American Knowledge: as a set of programmes implemented under the supervision and guidance of the school which deals with everything related to school life and its various activities.<sup>(1)</sup>

The school invites the students to participate in different competitions by advertising on the school broadcast, and they usually vary according to the students' preferences and interests.

Therefore, we find that there are religious competitions, contests in Arabic and English languages, writing essays about well- known people, etc. So the teachers should encourage the students to search for information that is related to these competitions.

And to encourage the students to continue their participation in competitions, it is better to award them a set of books that is suitable for their level of study and their desires to read .<sup>(2)</sup> Perhaps it will be the basis of establishing a small home library ,so the student will be a good reader in the future .

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(1) ابو جلاله ،صبحي حمدان ،ومحمد مقبل عليمات ،اساليب التدريس العامة المعاصرة ،الكويت :مكتبة الفلاح 2001

(2) مصطفى ، فهيم ،انشطة ومهارات القراءة في المدرستين الاعدادية والثانوية ،القاهرة :دار الفكر العربي، 2000



## **The Benefits Of Participating In Competitions**

There is no doubt that competitions have an important role in motivating the students to perform and excel. <sup>(3)</sup>

Competitions present a chance for participants to gain substantial experience and brighten up their resume in which achievements can leave a great imprints on the students' resume and distinguish the participants from their classmates.

Of course, participating in the competitions provide the students a great platform to display their knowledge and skills in front of the other people. So students will be as a showcase for their skills.

Finally, financial benefits are very important for the students, and competitions generally present generous financial benefits to the winners.

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<sup>(3)</sup>Christina,2017,an on line learning platform for students all around the world

[Studentcompetitions.com](http://Studentcompetitions.com)





## Research Methodology

1. Questionnaires.
2. An interview
3. Surfing the internet
4. Reading books
5. Reading articles in the newspapers.

- A sample of students ( 40 students ) from seventh and eighth grades was selected and a questionnaire was distributed among them and after analyzing the questionnaire ,it was found that a large percentage of them was very satisfied with their participation as well as others thought not winning them isn't a waste of time too. They emphasized that not everyone enters the competition will win and they get a benefit from this opportunity that is to challenge themselves .So whatever the outcome is, they should focus on what they have gained and how to carry on developing .
- A sample of parents (20 parents) was selected and a questionnaire was distributed to them and after analyzing the questionnaire, it was found that a large percentage of them were very satisfied that they have an essential role in encouraging their daughters to participate in different contests. Therefore, the role of parents is supportive to the school and teachers in encouraging participation.
- The research team interviewed the school Principal Ms. Zainab who confirmed that the school teachers have an important role in the success of the competitions especially in the external ones because they choose the participants and provide them with the skills in order to achieve the win .On the other hand, she emphasized that teachers make a great effort to involve all the students. Finally they publish advertisements in the school to clarify the conditions for participation and distribute the prizes to the winners.



She also emphasized that the school provides all the facilities for the success of the students by honoring the students and giving them certificates of appreciation and motivational rewards. In the end she added that winning represents a great responsibility that requires more work to achieve more successes which we always in the Palestinian Schools hope and aspire to be in the forefront of the other schools.

- The research team has read some books and articles related to the competitions.
- The research team browsed the internet to find out more information about the competitions.



## Results

After searching about activities and competitions, I concluded that:

- The competitions proved to play an effective role in the education process.
- Competitions are a way to develop the students academically.
- Competitions are a way to develop the student's personality and to be more confident.
- Competitions are important for students who didn't win and this can be an incentive for them to continue.
- Schools and teachers play an important role to encourage the students in participation and to offer facilities for winning.
- Rewarding the students is one of the most important incentives for participation.



## Recommendations

We recommend with:–

- A great interest with the competitions because of their impact on the personality and achievement of the students.
- Students should be encouraged and supported by the teachers to participate in the competitions.
- Many competitions should be held by the schools and in all the subjects.
- Competitions should be held on timely basis.
- Teachers should be trained to focus on the essence of competitions.
- Schools should provide a detailed co-curricular activities' schedule to let students prepare for upcoming competitions.
- Different workshops should be arranged to teach parents about the enhancement of their active inputs in building their daughters' personalities via active participation in different competitions.



## Closing

School competitions play a vital role to motivate the students to learn more and encourage them to participate. However, the positive effects of the competitions aren't observed by the schools and teachers so the present research provides the schools, teachers as well as the parents with a better understanding of the importance and benefits of the school competitions.

So we hope these benefits will be taken into consideration by concerned people to ensure a better future for the students.



## References

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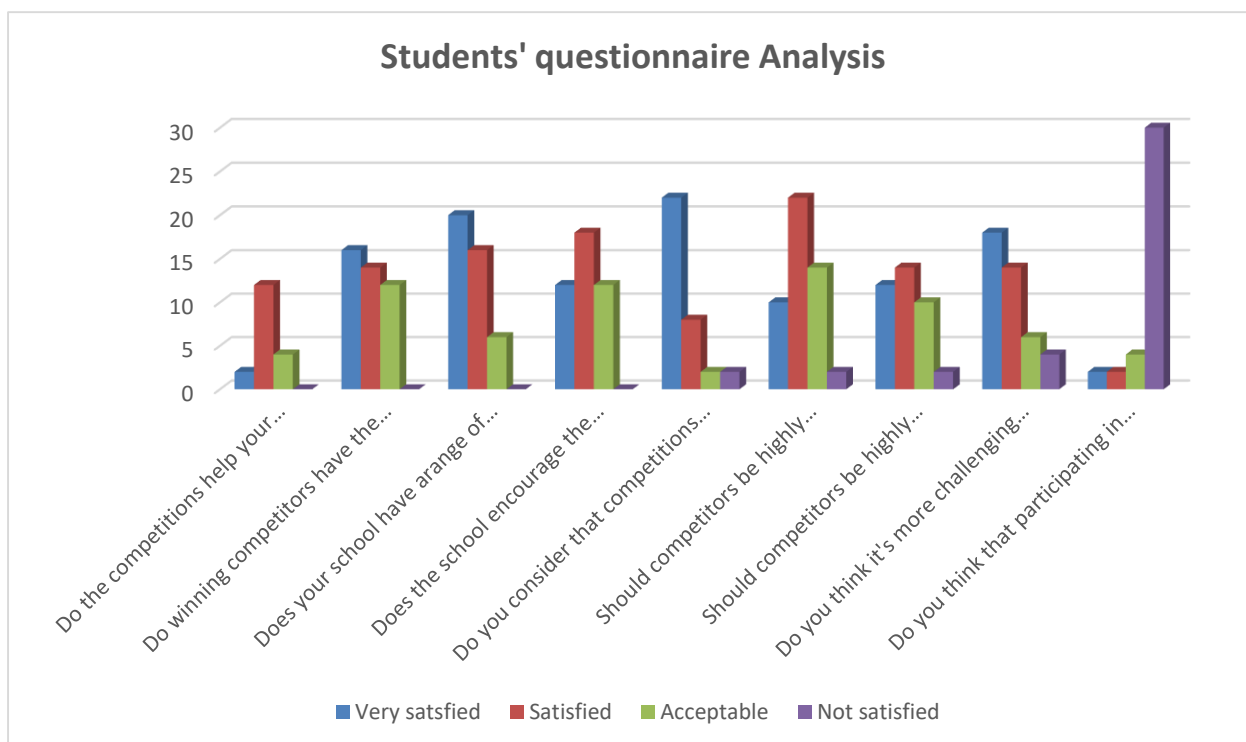


## Appendix

### Students' Questionnaire

**What is the effect of school competitions in stimulating students and raising their performances?**

	<b>Questions</b>	<b>Very satisfied</b>	<b>Satisfied</b>	<b>Acceptable</b>	<b>Not satisfied</b>
1.	Do the competitions help your school to be known externally?				
2.	Do winning competitors have the respect of everyone and become known?				
3.	Does your school have a range of contests that make you interested in school?				
4.	Does the school encourage the students to participate effectively in the competitions?				
5.	Do you consider that competitions are useful for the students to develop their personalities?				
6.	Should competitors be highly fluent in English to participate externally?				
7.	Should competitors be highly fluent in English to participate internally?				
8.	Do you think it's more challenging in competitions means better performance?				
9.	Do you think that participating in competitions and not winning is just a waste of time?				





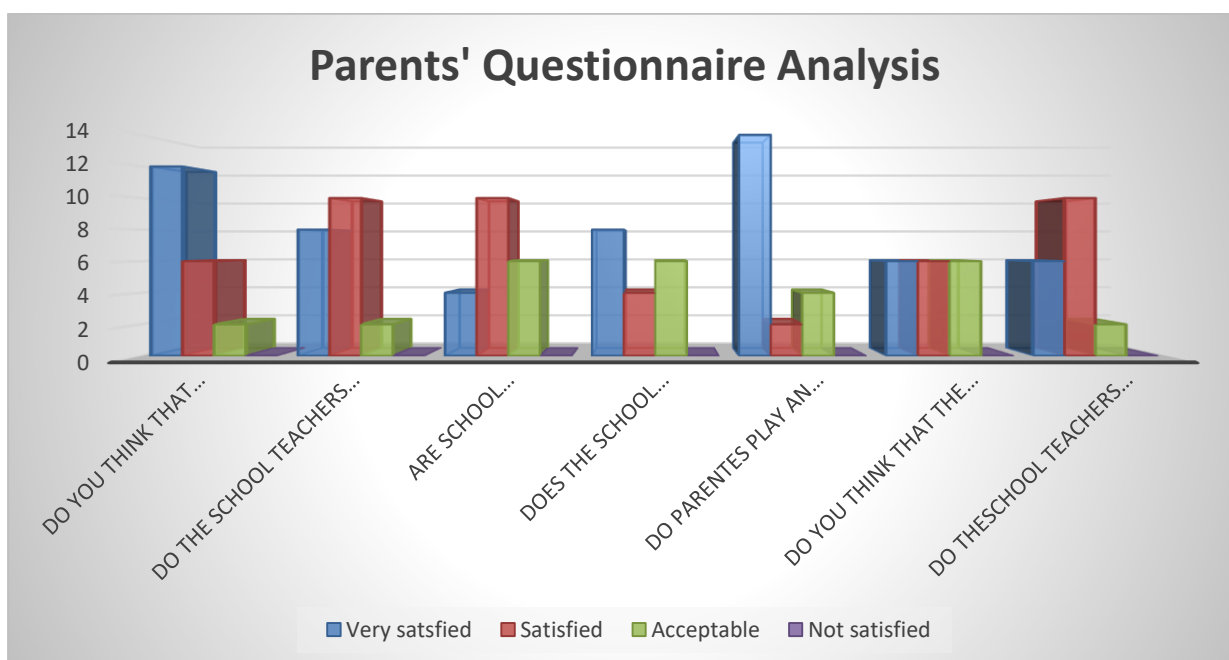


## Parents' Questionnaire

**What is the effect of school competitions in stimulating students and raising their performances?**

	<i>Questions</i>	<i>Very satisfied</i>	<i>Satisfied</i>	<i>Acceptable</i>	<i>Not satisfied</i>
1.	Do you think that the general atmosphere in the school encourages to have competitions among the students?				
2.	Do the school teachers play a main role in the success of the students especially in external competitions?				
3.	Are school competitions appropriate for all ages of the students in the school?				
4.	Does the school provide necessary facilities for the success of competitions?				
5.	Do parents play an important role in encouraging their sons to participate in school competitions?				
6.	Do you think that the school should have substitute				

	competitors for the next competitions?				
7.	Do the school teachers play an outstanding effort in encouraging students to participate effectively in internal competitions?				



### **Principal's Questions:**

1. Do the school teachers play a main role in the success of the students especially in external competitions?
2. Do the school teachers play an outstanding effort in encouraging the students to participate effectively in the internal competitions?
3. Does the school provide all the facilities for the students to win?
4. Do the school teachers expect other successes after the win?



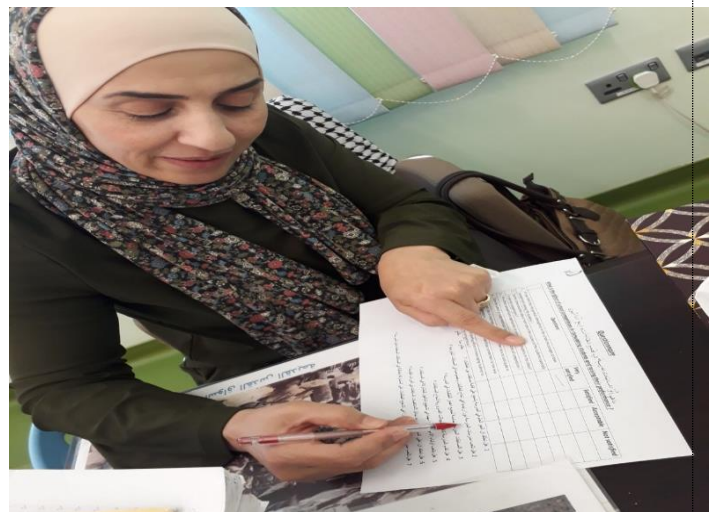
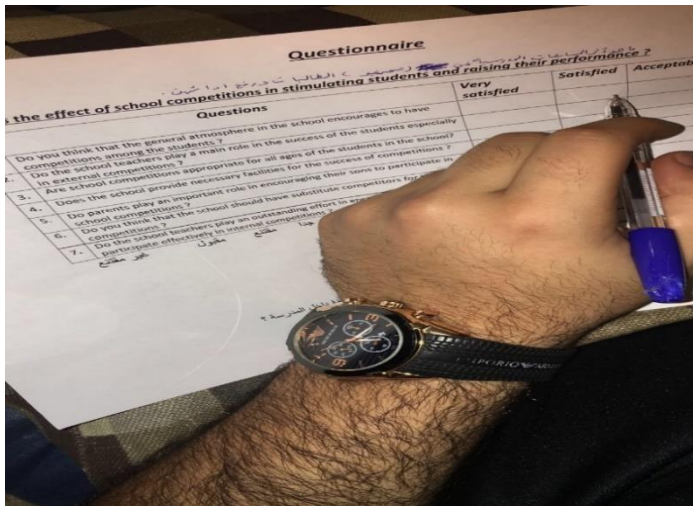
**An interview with the Principal**



The Research Team searches information.



Students answer the questionnaire



Parents answer the questionnaire